

Charity Registration No. 1013152

Company Registration No. 2722484 (England and Wales)

CARING CONNECTIONS LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

CARING CONNECTIONS LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D Williams	(Appointed 5 June 2018)
	The Reverend Canon J A Stanley	
	Mrs R Lane	
	Mr J W Wild	
	Mrs E Titley	(Appointed 15 April 2019)
Charity number	1013152	
Company number	2722484	
Registered office	The Ashcroft Centre, Unit 15 Ashcroft Road Knowsley Merseyside L33 7TW	
Independent examiner	Jean Ellis, BA FCA CTA DSG Castle Chambers Liverpool L2 9TL	

CARING CONNECTIONS LIMITED

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CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2019

The trustees present their report and financial statements for the year ended 31 March 2019.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

Objectives and activities

The charity's objects are the provision of support services to vulnerable Merseyside residents to reduce social isolation and improve levels of independence. The organisation provides a range of charitable activities and services to meet these objectives.

Services provided:

- Adult Care
- Children's Care
- End of Life Support
- Bereavement Support Services
- Professional Counselling
- Dementia Support

The central activity is the provision of home care services to older people with the central ethos of "Connecting People to the highest quality of care".

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

Achievements and Performance

Home Care Services

80 service users received tailored care within their own homes

48,000 hours of care provided throughout the year

Feedback:

"The service provided by the many carers employed by Caring Connections has been exemplary and has undoubtedly been one of the major factors in our mother being able to continue living in her own home."

"Thank you so much for looking after my mum. She was so pleased with all that you did for her."

Working at Caring Connections

Caring Connections employ local people who want to be involved with a company which makes a difference to people's lives. Over the last year, we have employed 86 people across Merseyside and taken on 3 young people through apprenticeships, Intermediate Labour Market placements (ILM) and Job Carving with Knowsley Works and Knowsley Metropolitan Borough Council.

- 100% of employees enrolled onto mandatory induction training
- 10 employees completed accredited training up to Level 5
- 3 young people given real work experience through paid employment
- 7 employees accessed free counselling services
- Fixed Contracts (No Zero Hour Contracts)
- Disability Confident and Mindful Employer

Community Projects Delivered

The Barbara Bettle Project:

Set up to support individuals bereaved by suicide across the Merseyside region. We offer counselling, cognitive behavioural therapy and group activities.

The John Paul Project:

A service for veterans experiencing psychological health problems. We offer professional counselling, cognitive behavioural therapy, physical activity programmes and group activities.

Community Engagement Projects:

A number of activities delivered to engage with local people to reduce social isolation, promote health & wellbeing and build stronger communities. Activities include Pauline's Parties and Arts & Crafts Workshops.

Bereavement Support Service

The Caring Connections bereavement counselling is free on a weekly basis to anyone bereaved by suicide within the local area and all counselling is provided by a trained BACP registered counsellor. Alongside the counselling service there is also a monthly support group delivered by an experienced facilitator.

Client Feedback:

"I have seen top psychiatrists, the supposed best CBT therapists in the UK and Pam is by far and above the best person I have ever seen. She has helped me massively in the short time I have been with her."

"These sessions have been a lifeline for me at such a difficult time in my life. Depression is a truly awful and lonely illness and it's so reassuring to speak to someone who understands and cares."

"Caring Connections has provided me with instant support and changed my life."

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

Good News Stories

Sean:

Sean came to Caring Connections in April 2017 through the Knowsley Metropolitan Borough Council ILM fund supporting 6 months employment for a young unemployed person. When Sean started he was a shy young man who had no experience working within an office environment. One of key issues as an organisation was transferring systems from paper based care planning to an electronic systems and Sean believed that this was something he could coordinate.

Within a matter of 6 months, Sean had single handily integrated the care planning systems to an electronic format. He also developed a training plan to upskill all employees around the new system and managing quality. As an individual Sean went above and beyond expectations and drastically improved the quality assurance systems. Because of this, Sean was promoted to the supervisory team as the Technology Supervisor. Having advanced that fast, Sean has now been placed on the Level 4 Apprenticeship in Business, which he will be completing in October 19 ready to start his Degree Apprenticeship at Liverpool John Moores university.

Anthony:

Anthony secured permanent employment as an Administration Assistant at Caring Connections, created through the concept of Job Carving. Knowsley's Empower Job Carving programme offers paid employment opportunities to people with learning difficulties and / or disabilities. Less skilled tasks from different jobs are combined into a single role ideally suited for a person with a learning difficulty and/or disability, which frees up time for other staff to concentrate on the more skilled aspects of their roles.

Cllr Margaret Harvey, Cabinet Member for Children's Services, said: "This is fantastic news and I'm delighted that Ant was given an opportunity to shine and demonstrate the skills he can bring to the workplace". "Everyone at the council would like to wish Ant the very best of luck in his new job at Caring Connections. Well done!"

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

Community Fundraising

At Caring Connections, we believe in doing everything we can to support our local communities and the disadvantaged groups within society. Over the last year, we started a Christmas Hamper appeal which provided 60 of our vulnerable service users and their families with a Christmas food hamper.

Paul Growney CEO of Caring Connections stated 'It was really inspiring to see all of the local business willing to help our campaign in which we managed to fill the full 60 hampers.' The same year also seen Caring Connections raise over £1,000 for the Whiston and St Helens Hospital Charity through completing charity abseils at Hospital sites. The team joined over 150 brave participants all taking the abseil challenge to support the hospital charity.

Social Value calculated through external report

- £557,951 of cost savings through reduction in welfare benefits, increased youth employment & higher educational attainment
- £421,244 of additional spend within the local economy
- £989,940 of social value through employment and education
- £234,523 of cost savings through reduction in NHS usage (less trips, slips and falls, reduced anxiety & depression)
- £1,407,423 of social value through reduced social isolation, improvements in depression and anxiety and increased confidence and levels of wellbeing

TOTAL SOCIAL VALUE £2,397,363

TOTAL COST SAVINGS £792,474

TOTAL ADDED SPEND £421,244

Financial review

The end of year produced a deficit of £2,183 against a deficit of £34,574 in the year ended 31st March 2018. This deficit was a result of cuts to the hourly rate achieved as well as a decrease in the number of support hours we delivered.

Plans are in place to increase the number of support hours we deliver in order to drive us closer to long-term sustainability. In order to deliver this growth we will need to invest in recruitment, training and retention.

Our total income for the year was £800,548 against a total income for the previous year of £807,381.

The reserves of the charity decreased by £2,183 and totalled £4,630.

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2019**

Reserves policy

The Trustees have established a policy that the Charity should aim to retain unrestricted reserves (that are those funds that are freely available) that will cover 1 month of annual expenditure. The freely available reserves as at 31 March 2019 was £3,166 (2018 - £4,404) against total unrestricted expenditure of £802,731 (2018 - £841,955). The impact of the cuts in social care funding, both at a national and local, as well as increased competition in the market had resulted in the Trustees policy on reserves not having been achieved.

At present the organisation has received social investment funding to manage cash flow and support the development of organisation. The organisation has substantially reduced overheads and developed a new business model focussed on surplus generating activities.

The trustees are looking at various options to rectify this position. Reserves are held to cover any delay in receiving funding income whilst allowing the normal business operation of the Charity to continue.

In addition, the Charity retains reserves to cover possible redundancy payments should the charity have to reduce the size of its operation.

The principal funding sources are detailed below:

1. Knowsley Council
2. Liverpool Clinical Commissioning Group
3. Halton Borough Council
4. St Helens Council
5. The Oliver Lymes Trust
6. Big Lottery Fund
7. Community Foundation for Merseyside
8. The Co-operative
9. Medicash
10. Community Covenant
11. LCVS
12. Price Parry Fund
13. Souter Charitable Trust
14. Ravensdale Trust
15. Hot Pot Fund (Liverpool Museums)

The trustees are extremely grateful to all those who have provided funding either directly or via donations. The charity is only able to provide excellent care support thanks to the funding it receives.

Risk management

The trustees have a risk management strategy in place that includes:

- An annual review of the risks that the Charity may face;
- The establishment of systems and procedures designed to reduce or eliminate those risks identified in the strategy;
- The implementation of procedures designed to minimise any potential impact on the Charity should those risks materialise.

The risk management exercise focuses on all areas of risk including non-financial. The exercise also addresses issues around the recruitment and retention of staff, together with the appropriate remuneration scales enable the Charity to continue to be the first choice of local people wanting to work in the care sector.

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

Future plans

The organisation is seeking to expand its charitable services and build support for individuals affected by bereavement. As an organisation we seek to invest in initiatives that improve staff morale and improve quality of the front line care services. We have set further targets of improving our staff numbers and increasing our reach across the Liverpool city region in terms of our care services.

Key developments include:

- Investing in electronic recruitment platform
- Improve our employment offer to disadvantaged communities
- Invest in staff social activities and engagement programmes
- To increase services to individuals bereaved through suicide
- To develop a number of social activities for service users
- To start to build our reserves back in alignment with organisational policy.

Structure, Governance and Management

Governing document and charitable status

Caring Connections Limited was registered as a charity by the Charity Commissioners for all purposes in June 1992 (certificate number 1013152).

Caring Connections Limited is a Company Limited by Guarantee, as defined by the Companies Act 1985. The Charity is governed by its Memorandum and Articles of Association which define its aims, objectives, duties and responsibilities.

CARING CONNECTIONS LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

The trustees during the year under review were:

Mr D Williams	(Appointed 5 June 2018)
The Reverend Canon J A Stanley	
Mrs R Lane	
Mr J W Wild	
Reverend J A Taylor	(Resigned 18 February 2019)
Mrs E Titley	(Appointed 15 April 2019)

Appointment of trustees

As set out in the Articles of Association, Trustees are appointed by members at the Annual General Meeting of the Charity. Trustees may at their discretion admit individuals or organisations to membership, providing they have paid any annual subscription if appropriate. The Board of Trustees may appoint a person who is willing to act to be a Trustee, either to fill a casual vacancy or as an additional Trustee.

Organisational structure

The Board of Trustees administers the Charity. The Board meets bi-monthly and more frequently if required. The Charity is subject to inspections by the Care Quality Commission (CQC).

The Charity is also required to provide monitoring information to its funders in relation to charitable funders in which we had to provide project monitoring / grant end reports.

CQC concern themselves with ensuring that the quality of care provided by our charity meets government standards of quality and safety. As an organisation we strive to reach excellent standards in CQC audits.

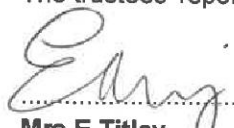
Trustee induction and training

New Trustees spend time with the Management team having the aims and objectives and the policies and procedures of the Charity explained to them. Every trustee receives a comprehensive induction pack which includes a copy of the latest CQC report, a copy of the Articles of Association and the latest Annual Report. Trustees are also encouraged to attend appropriate internally organised meetings in addition to attending external training events and networking events.

Public benefit

The Charity exists to provide services to members of the public with care needs and also for carers. This support enables people to live fulfilling lives as part of their local community. Without this support their own health and wellbeing may suffer as may the carers' health and wellbeing. It is part of our ethos to develop services to meet the changing needs of people with care needs and their carers and to be responsive to requests for support. Any surplus generated from the provision of our services is reinvested in improving the service we deliver.

The trustees' report was approved by the Board of Trustees.


.....
Mrs E Titley
Trustee
Dated: 3/12/2019

CARING CONNECTIONS LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARING CONNECTIONS LIMITED

I report to the trustees on my examination of the financial statements of Caring Connections Limited (the charity) for the year ended 31 March 2019.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Jean Ellis, BA FCA CTA
DSG



Castle Chambers
43 Castle Street
Liverpool
L2 9TL

Dated: 3 / 12 / 2019

CARING CONNECTIONS LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2019

	Notes	Unrestricted funds 2019 £	Unrestricted funds 2018 £
<u>Income from:</u>			
Donations and legacies	3	102,692	51,207
Charitable activities	4	697,856	756,174
Total income		800,548	807,381
<u>Expenditure on:</u>			
Charitable activities	5	801,082	841,023
Other	9	1,649	932
Total resources expended		802,731	841,955
Net expenditure for the year/ Net movement in funds		(2,183)	(34,574)
Fund balances at 1 April 2018		6,813	41,387
Fund balances at 31 March 2019		4,630	6,813

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CARING CONNECTIONS LIMITED

BALANCE SHEET

AS AT 31 MARCH 2019

	Notes	2019 £	£	2018 £	£
Fixed assets					
Tangible assets	10		1,464		2,409
Current assets					
Debtors	12	98,352		125,331	
Cash at bank and in hand		4,523		-	
		<u>102,875</u>		<u>125,331</u>	
Creditors: amounts falling due within one year	14	<u>(99,709)</u>		<u>(120,927)</u>	
Net current assets			3,166		4,404
Total assets less current liabilities			<u>4,630</u>		<u>6,813</u>
Income funds					
Unrestricted funds			4,630		6,813
			<u>4,630</u>		<u>6,813</u>

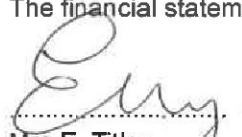
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 3/12/2019


Mrs E Titley
Trustee

Company Registration No. 2722484

CARING CONNECTIONS LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2019

	Notes	2019 £	£	2018 £	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	16		6,347		(33,965)
Investing activities					
Purchase of tangible fixed assets		(1,731)		-	
Proceeds on disposal of tangible fixed assets		-		(58)	
Net cash used in investing activities			(1,731)		(58)
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents			4,616		(34,023)
Cash and cash equivalents at beginning of year			(9,308)		24,715
Cash and cash equivalents at end of year			(4,691)		(9,308)
Relating to:					
Cash at bank and in hand			4,523		194
Bank overdrafts included in creditors payable within one year			(9,214)		(9,502)

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Charity information

Caring Connections Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is The Ashcroft Centre, Unit 15, Ashcroft Road, Knowsley, Merseyside, L33 7TW.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% reducing balance
Computers	25% cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2019	2018
	£	£
Donations and gifts	77,243	43,613
Other general grants	25,449	7,594
	<u>102,692</u>	<u>51,207</u>

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

4 Charitable activities

	Charitable Income Heading 1 2019 £	Charitable Income Heading 1 2018 £
Services provided under contract	697,856	756,174

5 Charitable activities

	2019 £	2018 £
Staff costs	659,791	694,170
Depreciation and impairment	2,675	803
Rent	18,640	10,373
Travel & subsistence	20,458	35,936
Other staff costs	20,831	19,923
Computing	9,101	-
Printing, postage and stationery	1,349	7,018
Telecommunication expenditure	20,676	31,761
Equipment hire	5,264	3,179
Repairs & renewals	398	1,947
Insurance	5,006	5,479
Subscriptions	8,925	9,679
Legal & professional	4,737	1,567
Sundry expenses	4,549	4,107
Advertising costs	6,124	6,927
Bad debts	-	770
Utilities	1,064	-
	789,588	833,639
Share of governance costs (see note 6)	11,494	7,384
	801,082	841,023

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

6 Support costs

	Support costs £	Governance costs £	2019 £	Support costs £	Governance costs £	2018 £
Legal and professional	-	3,400	3,400	-	4,384	4,384
Accountancy	-	8,094	8,094	-	3,000	3,000
	-	11,494	11,494	-	7,384	7,384
Analysed between Charitable activities	-	11,494	11,494	-	7,384	7,384

Governance costs includes payments to the independent examiner of £2,400 (2018- £3,000 for examination fees).

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

Number of employees

The average monthly number of employees during the year was:

	2019 Number	2018 Number
Care support workers	35	58
Administrative staff	10	5
	45	63

Employment costs

	2019 £	2018 £
Wages and salaries	621,372	662,850
Social security costs	34,966	30,043
Other pension costs	3,453	1,277
	659,791	694,170

There were no employees whose annual remuneration was £60,000 or more.

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

9 Other

	Unrestricted funds	Unrestricted funds
	2019	2018
Net loss on disposal of tangible fixed assets	-	344
Financing costs	1,649	588
	<u>1,649</u>	<u>932</u>

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2018	6,459	20,165	26,624
Additions	1,344	387	1,731
At 31 March 2019	<u>7,803</u>	<u>20,552</u>	<u>28,355</u>
Depreciation and impairment			
At 1 April 2018	6,459	17,756	24,215
Depreciation charged in the year	202	2,474	2,676
At 31 March 2019	<u>6,661</u>	<u>20,230</u>	<u>26,891</u>
Carrying amount			
At 31 March 2019	<u>1,142</u>	<u>322</u>	<u>1,464</u>
At 31 March 2018	<u>-</u>	<u>2,409</u>	<u>2,409</u>

11 Financial instruments

	2019 £	2018 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	<u>83,709</u>	<u>125,331</u>
Carrying amount of financial liabilities		
Measured at amortised cost	<u>56,581</u>	<u>84,067</u>

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

12 Debtors

	2019 £	2018 £
Amounts falling due within one year:		
Trade debtors	69,417	116,643
Other debtors	14,292	8,688
Prepayments and accrued income	14,643	-
	<u>98,352</u>	<u>125,331</u>

13 Loans and overdrafts

	2019 £	2018 £
Bank overdrafts	<u>9,214</u>	<u>9,308</u>
Payable within one year	<u>9,214</u>	<u>9,308</u>

14 Creditors: amounts falling due within one year

	Notes	2019 £	2018 £
Bank overdrafts	13	9,214	9,308
Other taxation and social security		43,128	36,860
Trade creditors		5,496	18,301
Other creditors		2,767	-
Accruals and deferred income		39,104	56,458
		<u>99,709</u>	<u>120,927</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2018 - none).

CARING CONNECTIONS LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

16	Cash generated from operations	2019 £	2018 £
	Deficit for the year	(2,183)	(34,574)
	Adjustments for:		
	(Gain)/loss on disposal of tangible fixed assets	-	344
	Depreciation and impairment of tangible fixed assets	2,675	803
	Movements in working capital:		
	Decrease/(increase) in debtors	26,979	(51,288)
	(Decrease)/increase in creditors	(21,124)	51,338
	Cash generated from/(absorbed by) operations	<u>6,347</u>	<u>(33,377)</u>